headspace - Sunshine

Street Address
VISY Cares Hub 80B Harvester Rd, Sunshine

Phone
9927 6222

Fax
9312 1757

Email
info-headspacesunshine@orygen.org.au

Website
www.headspace.org.au/headspace-centres/sunshine/

Service For
Youth, Mental health

Client Min Age
12

Client Max Age
25

Service Area
Open to everybody (12 to 25 years of age) who can manage to travel to us

Hours
Refer to website.

Service Description
headspace Sunshine offers young people aged 12-25 access to a range of no and low cost health and wellbeing services. The youth-friendly health professionals can help with: - Mental health & counselling.   - Alcohol & other drug services.   - General health.   - Education and employment opportunities & other services. If you or someone you know is having a tough time why not try talking to someone about how you have been feeling? headspace is a great place to start! You can talk to an intake worker about making an appointment by calling 9927 6222. You can also ask your GP, teacher, youth or community worker about making a referral to headspace Sunshine.

Interpreters
Available on request

Who Can Refer
Self Referral Specialist Referral Carer or parent Referral

Point Of Intake
Office Administration and intake worker

Costs
Most services at Headspace Sunshine are free of charge

Disability Access
Yes

Public Transport Info
headspace Sunshine is located in the Visy Cares Hub Building. (Melways Ref 26, H12) The closest station is Sunshine Train Station (about 5 min walk). The Sunbury and Watergardens/Sydenham lines will take you to Sunshine Train Station. Exit the station by turning right at the end of the platform ramp.   There are a number of buses that you can catch to Sunshine Train Station: Bus 408 - St Albans - Sunshine- Highpoint. Bus 471- Williamstown to Sunshine. Bus 410- Sunshine -Footscray via Ballarat Road. Bus 454- Sunshine - West Sunshine via Glengala Road.

Service Type
INDIVIDUAL

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