

## Carer Gateway Victoria - Merri Health

**Phone**

1800 422 737

**Website**

[www.carergateway.gov.au](http://www.carergateway.gov.au)

**Service Description**

Young Carer Support Who is a young carer? A person under 25 years who provides unpaid care and support to a family member, friend or loved one with disability, mental illness, chronic health issue or age-related condition. 1 in 10 young people are young carers. Support for young carers Young carers often experience significant challenges and we support them to overcome these challenges through providing: Counselling sessions; Talk to a counsellor who specialises in supporting young people. Support package; Funding to support young people to engage in education (and work for carers 18+). Peer support; Merri Health Carer Services works with other organisations to connect young carers with their peers through activities, programs and events. Accessing support

A young person or their guardian can call Carer Gateway or complete a form on the Carer Gateway website. They can also be referred by a service provider via these avenues. Click here to make a referral <https://referral.carergatewayvictoria.org.au/>

**Service Type**

INDIVIDUAL

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