

## GriefLine

### Phone

9935 7400 or 1300 845 745

### Website

www.griefline.org.au

#### **Service Description**

GriefLine is a free counselling service that listens, cares and supports people experiencing loss and grief, at any stage in life. Support is anonymous and confidential. People who want to access support can call (9935 7400 or 1300 845 745) between: Midday and 3.00am 7 days a week, 365 days a year GriefLine also provides online email counselling via their website (www.griefline.org.au). GriefLine counsellors listen, care and support in times of: Bereavement Relationship and family issues Family Violence Suicide Terminal illness Unemployment Natural disasters Pet bereavement Farming hardship Economic hardship and financial anxiety Mental health concerns Migrant and refugee support Carer support Isolation or loneliness

# Service Type INDIVIDUAL

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