Brimbank Youth Services Directory



Lifeline

Phone 131114

Website

www.wesley.org.au/lifeline

Service For Mental health

Client Min Age

16

Client Max Age

18

Service Area

Statewide

Hours

24 hours 7 days a week

Service Description

Lifeline is a confidential, 24-hour telephone crisis support service availale every day of the year to anyone, anytime and from anyway in Australia. Anyone experiencing a personal crisis or thinking about suicide can contact Lifeline. Regardless of age, gender, ethnicity, religion or sexual orientation, we respect everyone's right to be heard, understood and cared for. Every minute of every day there's a call to Lifeline. People call about: Suicidal thoughts or attempts Relationship worries Mental health concerns, such as anxiety or depression Loneliness and isolation Loss and grief Abuse and trauma Stresses from work, family or society Self-help information for friends and family. Trained telephone crisis supporters will answer your call and: Listen to your situation Provide immediate support Assist to clarify options and choices available to you Provide you with referral information for other services in your local area. 13 11 14

Interpreters

Yes

Service End Date

Ongoing

Who Can Refer

Anyone

Point Of Intake

Via Phone

Costs

Free telephone and online chat support

Disability Access

Yes

E Referral Intake Process

Phone 131114

Service Type

INDIVIDUÁL

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