

Beyondblue

Street Address

Po Box 6100 Hawthorn West 3122

Phone

1300 22 46 36

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Email

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Website

www.beyondblue.org.au

Service For

People with depression, anxiety or carers who are supporting people with a mental health issue

Service Area

National

Hours

24/7

Drop In Service

No

Outreach

No

Outpost

No

Service Description

Beyond Blue provides information and advice for people with depression/anxiety or people who are caring for someone with a mental health issue. We all have good days and bad days. Then there are those days when something isn't quite right, you've got something on your mind, or things just seem too much. Whatever it may be, sharing the load with someone else can really help. So no matter who you are, or how you're feeling, you can talk it through with us – we'll point you in the right direction so you can seek further support. Give us a call (1300 22 4636) any time of the day or night – select from the voice menu or simply hold on the line to talk with a trained mental health professional. All calls and chats are one-on-one with a trained mental health professional, and completely confidential. Although we may ask for your first name and some general details, you can let us know if you'd like to remain anonymous. Sometimes you may not feel like talking on the phone, so why not chat to us online? We're online from 3pm to 12am (AEST) every day. Click [here](https://online.beyondblue.org.au/WebModules/Chat/InitialInformation.aspx) to chat online.

Participation Length

Ongoing

Participation Type

Over the phone

Interpreters

Available on request

Service End Date

Ongoing

Who Can Refer

Anyone

Mode Of Referral

Via phone

Point Of Intake

N/A

Costs

Free

E Referral Intake Process

1300 22 46 36

Service Type

INDIVIDUAL

Date Created
2015-01-22 23:15:00

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2019-01-18 02:27:57