

Detour Program - Melbourne City Mission

Street Address

3/6–12 South Road Braybrook, Vic 3019

Phone

1800 338 687.

Email

detour@mcm.org.au

Website

www.detour.org.au

Service For

Young People

Client Min Age

12

Client Max Age

24

Additional Age Info

Young people aged 12-24 years in the Western Metropolitan Region of Melbourne who are at risk of becoming homeless.

Eligibility Criteria

Young people aged 12-24 years in the Western Metropolitan Region of Melbourne who are at risk of becoming homeless.

Service Area

Western Metropolotan Region (Sunshine and surrounding areas)

Hours

Monday to Friday 9:00am to 5:00pm

Drop In Service

Yes (During Office Hours: Monday to Friday 9am-5pm)

Outreach

Yes

Service Description

The Detour program works with young people aged 12–24 who are dealing with problems at home and feel they need to move out or who have recently left home and are having trouble finding a secure place to live. The Detour Youth Coaches support young people who are recently homeless or at risk of homelessness to get through a tough time and get back on track. Detour can help with:

- Improving relationships with family if a young person wants to remain at home
- Finding alternative accommodation to the family home if it is unreasonable to stay there
- Figuring out what to do next
- Family counselling/mediation
- Identifying people in a young person's life who could be a support to them and strengthening those relationships
- Stabilising accommodation options
- Identifying goals and priorities
- Making a plan to reach those goals
- Health, including addressing mental health issues if necessary
- Education and employment. Often it can be hard to keep up with education or work when things are difficult at home.

How Detour works:

- A young person or a support worker contacts Detour to make a referral.
- If Detour is right for the young person, they are given a Youth Coach.
- The Youth Coach meets with the young person and starts working with them.
- The Youth Coach assists the young person to make their own plan for the future based on their own ideas, strengths and abilities.

Participation Length

Ongoing

Participation Type

In Person

Interpreters

Available on request

Service End Date

Ongoing

Who Can Refer

Anyone

Mode Of Referral

via the phone in person

Point Of Intake

Office Administration

Disability Access

Yes

Public Transport Info

Across from Centro West Shopping Centre, Braybrook 216 and 219 Bus located out front Near Tottenham Train Station

Service Type

INDIVIDUAL

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