

## Co Health Youth Residential Rehabilitation Program - St Albans

**Street Address**

St Albans

**Phone**

9448 5504 / 1300 379 462 (Intake)

**Website**

[www.cohealth.org.au/health-services/young-people/youth-residential-rehabilitation/](http://www.cohealth.org.au/health-services/young-people/youth-residential-rehabilitation/)

**Service For**

Young people

**Client Min Age**

16

**Client Max Age**

25

**Service Area**

Brimbank

**Service Description**

Support for young people with a mental illness in a residential environment. Take the time to recover from mental illness and get on with life. The cohealth Youth Residential Rehabilitation (YRR) program supports young people aged 16-25 with a mental illness in a safe residential setting. Discover your strengths, learn or re-learn the skills and confidence you need for independent living, managing your mental illness and achieve your recovery goals like:

- Building better relationships and social connections
- Getting involved in sport and recreation
- Overcoming alcohol and drug issues
- Exploring education, training and work options
- Finding permanent housing

What do I need to do? Interested in checking out our programs? Feel free to call us to arrange a visit and tour. St Albans: 9448 5504. Referrals to cohealth YRR can be made via the following services: St Albans YRRs – contact NEAMI Intake and Assessment on 1300 379 462. What will it cost me? A fortnightly service fee of \$80 is charged to cover utilities, wi-fi access and some living expenses and group costs. Service fees are waived for young people with no income and reduced for those on a very low income.

**Service Type**

INDIVIDUAL

**Date Created**

2014-12-18 00:33:58

**Last Updated**

2019-01-18 02:31:26