

## Crisis Assessment & Treatment Team (CATT team for 18+yrs)

**Street Address**

Mid West CATT Service, Harvester Clinic, 18 Withers St Sunshine Vic

**Phone**

1300 874 243 (Triage, 24/7)

**Service For**

18+

**Client Min Age**

18

**Service Area**

North Western Region VIC

**Hours**

24Hours 7 Days a week

**Service Description**

The crisis assessment and treatment team (CATT) provides immediate help during a mental health crisis. What is a crisis assessment and treatment team? A CATT is a group of people who work together and includes mental health professionals such as psychiatric nurses, social workers, psychiatrists and psychologists. What does a CATT do? A CATT responds to urgent requests to help people in mental health crisis 24 hours a day, 7 days a week. A mental health crisis can include: - A Psychotic episode- Self-harm- Feeling suicidal- Feeling out of control Whether at home or elsewhere, the CATT assesses the person's current mental state, their psychiatric history, what social support they have and more. They will work with the person involved and their family and/or carer to determine the best way to help. One option is to provide intensive treatment, care and support at home, and this is what they hope to do. But there are times when treatment in hospital is needed. If so, they will help the person get to hospital by arranging referrals and transport. CATTs also work with other services such as police, ambulance, alcohol and drug services, child protection and community services where necessary. How do I get help? If you need help now, call 1300 874 243 for immediate expert support. You will receive help to work out which services can best help. This could be the doctor, a hospital emergency department or a community mental health service. Sometimes, the CATT will be sent to you, wherever you are.

**Participation Length**

Ongoing

**Participation Type**

In person or via the phone

**Interpreters**

Available on request

**Service End Date**

Ongoing

**Who Can Refer**

Anyone

**Mode Of Referral**

Via the phone

**Point Of Intake**

Office Administration

**E Referral Intake Process**

Call directly

**Service Type**

INDIVIDUAL

**Date Created**

2014-12-17 03:47:22

**Last Updated**

2019-01-11 03:54:53