

Interchange Western

Street Address

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Website

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Service For

People with a Disability and their families and carers

Service Area

Western suburbs

Hours

Office Hours: Monday to Friday 9:00am - 5:00pm

Service Description

Interchange Western provide a range of services and program to young people with disabilities with the aim to improve the quality of life of young people, carers and their families by enabling access to positive social experiences and connection to the community in the Western Region of Victoria.

/> Host programs - Matches a person with a disability to a volunteer who cares for them on a regular basis, usually once a month. Volunteers are recruited, screened and carefully matched to the person with a disability and their family. Ongoing training and support to volunteers is offered to ensure the objectives are being met.

Camps - A variety of camps targeting different age groups are offered throughout the year. Camps range from overnight to four days and can be either on weekends or during school holidays. All activities are designed to be fun and encourage independence and provide flexible choices for participants.

Recreational Activities - A variety of recreational activities for people with a disability, which offer them friendship confidence and independence. There are two main types of recreational support: Individual Support - Much of the support we offer is to individuals in a one on one situation or in small groups. This ensures participants are in an environment where they feel comfortable to make close friendships and achieve their goals.

Community based Activities - We offer a diverse range of activities during the week and on weekends for all age groups - kids, youth and adults. Activities and group sizes vary depending on the goals and aspirations of the group and participants and the location and type of activity.

Support Groups - Interchange Western facilitates five parent/carer support groups across the western region offering carers a supportive environment where they can find respite, friendship, support, information and a social, fun environment. Groups meet monthly both during the day and in the evening. There's even the odd weekend away. Flexible Respite - We offer a Fee for Service Program that provides individual support packages or funding and can also provide one to one support workers. Our rates for these programs vary depending on what hours are worked and are exclusive of all costs. To register

your interest in any of the above programs, you can [email here](mailto:interwest@interwest.org.au?subject=Flexible%20Respite%20enquiry) or give Interchange Western a call on 03 9396 1111.

Participation Length

ongoing

Participation Type

Respite services

Interpreters

Available on request

Specific Exclusions

You must meet eligibility requirements

Mode Of Referral

In person

Point Of Intake

Office Administration

Costs

Variable

Disability Access

Yes

Service Type

INDIVIDUAL

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